



## At The Counseling Center...

Our mission is to improve the lives of our clients and our community. We work to heal their mind and body, to inspire and to provide excellent service in alcohol and drug addiction treatment, primary healthcare, recovery support, case management, behavioral health, vocational development and to be a resource to all members of the community for outreach, prevention, education, and advocacy.

We believe treatment and prevention services work, and that people do recover from addiction. We believe people can improve the quality of their lives and restore their self respect, reestablishing themselves as productive individuals in the community. We believe that individuals who use prevention services learn new skills, gain new perspectives and develop effective coping strategies, which assist them in making choices, promoting a healthy quality of life.

## Prevention

Prevention plays an important role in the fight against substance abuse and addiction. Prevention staff of The Counseling Center, Inc. (TCC) provide services to children and young people between the ages of 5 - 18, by educating them on how to live life without abusing alcohol and other harmful substances.

Prevention staff address peer pressure, anger management and study skills. The service is free and students may be referred or self-refer for help. Learning to cope with life on life's terms is important for development and for individual growth. Our staff also seek to prevent the initial use of all harmful substances, and to instruct the community's young people on the potential effects and consequences of alcohol and substance abuse.

## Summer Outreach Club

Beginning in June and ending in August each year, The Counseling Center offers day camp at a local community facility for children ages 5-12. Boys and girls meet each week day 9:30 am - 3:30 pm for supervised games, arts and crafts, sports, field trips, job fairs and prevention education. Special attention is given to developing coping skills, good behavior, confidence and improved self-image.

Summer Outreach Club is offered at no charge to all children in Scioto County and beyond. Transportation to and from camp is **not** provided. For information or to register, please call: (740) 353-1802.



## Life Skill Services

Our prevention staff works with the Portsmouth City School's entire 3-6 grade student population and provides a comprehensive, twelve week prevention program designed to promote and enhance life skills, social skills, goal setting, and academic performance in each student's life. This vital service seeks to reduce risk taking behavior and reinforce positive decision making skills.

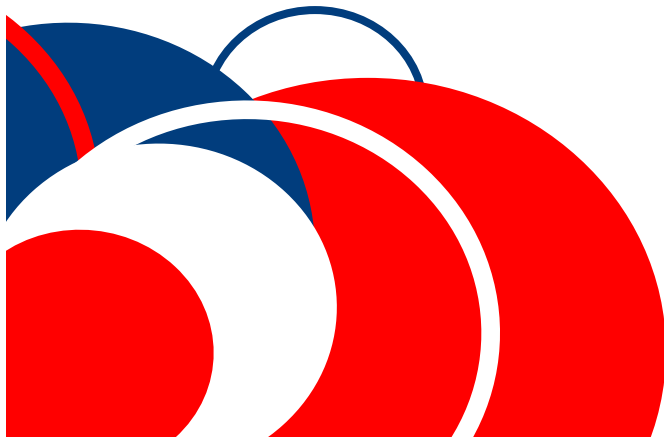
## Community Support

The Summer Outreach Club is supported through the generous donations from members of the Circle of Champions Community partners, fund raising events such as The Celebrity Chef Dinner and the Natural High 5K Run/Walk, The Alcohol, Drug Addiction and Mental Health Services Board of Adams, Lawrence and Scioto Counties (ADAMHS), and Portsmouth City School District. Activities for the Summer Outreach Club are often held with the partnership of various agencies in the Portsmouth and surrounding communities.

If you are interested in joining the Circle of Champions, please contact The Counseling Center's Community Relations & Development at (740) 354-3829 or [rdc@thecounselingcenter.org](mailto:rdc@thecounselingcenter.org).



**Summer Outreach Club**  
**Circle of Champions**



## Services Offered by TCC

- School-based Prevention programs
- Summer Outreach Club
- Adolescent Groups and Children's Programs
- Individual, group, and family counseling
- Mental health counseling
- Medication assisted treatment
- Men's outpatient treatment with supportive housing
  - Marsh House
  - Second Chance Center
- Women's outpatient treatment with supportive housing
  - St. Lucy's Sober House
  - Stepping Stone House
    - Addiction treatment for mothers with children (ages 12 and under) and pregnant women
  - Mothers Care Community Outpatient Services
- Housing for clients transitioning back to independent living
- Case Management Services
- Occupational & Vocational Services including training, support and partnerships program
- Jail Diversion program
- Loved Ones Group
  - Meeting locations and video sessions available online at our website
- Transportation Service
- Primary health care at our partner agency, Compass Community Health Care Center
- Crisis Center 24 Hour Hotline, emergency mental health and addiction services and referrals. Phone: (740) 354-1010 or 1-855-381-1010



[www.thecounselingcenter.org](http://www.thecounselingcenter.org)

### Office Locations

#### PORTSMOUTH

Day One Admissions Center  
816 4th Street • Portsmouth, Ohio 45662  
Phone: (740)-354-6685 ext. 6889  
Office Hours:  
8:00 am to 4:00 pm Monday through Friday  
Outpatient Services  
411 Court Street • Portsmouth, Ohio 45662  
Phone: (740) 354.6685 or (800) 577.6685  
Office Hours:  
8:00 am to 4:00 pm, Monday through Friday

#### WEST UNION

508 East Main Street • West Union, OH 45693  
Phone: (937) 544-5218  
Office Hours:  
8:30 am to 4:30 pm, Monday through Friday



Commission on Accreditation  
of Rehabilitation Facilities

*Case Management/Services Coordination: Integrated: AOD/MH (Adults)  
Crisis and Information Call Centers: Integrated: AOD/MH (Adults)  
Outpatient Treatment: Integrated: AOD/MH (Adults)  
Prevention: Integrated: AOD/MH (Children and Adolescents)*

*The Counseling Center is certified to provide alcoholism and addiction services by Ohio Mental Health and Addiction Services (OMHAS).*

*Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.*



# Outreach & Prevention



**Preventing the onset of  
substance use and promoting  
positive behaviors to area  
youth ages 5 - 18**

