

Addiction treatment works



At The Counseling Center...

Our mission is to improve the lives of our clients and our community. We work to heal their mind and body, to inspire and to provide excellent service in alcohol and drug addiction treatment, primary healthcare, recovery support, case management, behavioral health, vocational development and to be a resource to all members of the community for outreach, prevention, education, and advocacy.

We believe treatment and prevention services work, and that people do recover from addiction. We believe people can improve the quality of their lives and restore their self respect, reestablishing themselves as productive individuals in the community. We believe that individuals who use prevention services learn new skills, gain new perspectives and develop effective coping strategies, which assist them in making choices, promoting a healthy quality of life.

About the Women's Outpatient Program with Supportive Housing

The Counseling Center staff will take time to get to know you upon admission and work with you to determine what treatment plan will fit your unique needs. Clients in this program will have access to:

- Intensive group therapy and individualized counseling
- Integration into community 12-step support groups
- Peer Recovery Support
- Medication Assisted Treatment
- Transportation
- Mental Health Services
- Independent Living Skills
- Vocational and Occupational Education
- Nutritional Support and Education
- Health and Wellness Education

With recovery you can:

- Experience freedom from addiction to alcohol and other drugs
- Repair relationships with your family
- Gain freedom to pursue life goals
- Receive vocational services that are available to assist with career goals



"When I first started coming here, I didn't know what to expect, but The Counseling Center changed my life. I not only learned about drug and alcohol abuse, but I learned about how to be me again. Everyone that works here has been like family to me. I never could have reached my goals without the help of The Counseling Center." ~Angela

The St. Lucy Story

One of the Supportive Housing Residences was named by the All Saints Episcopal Church Recovery Outreach Ministries (Portsmouth, Ohio) in honor of a young woman, St. Lucy, who died a martyr. She was persecuted for her faith and blinded. However, before her death, her sight was miraculously restored. The legend of her restored vision is a fitting metaphor in the recovery community, where sobriety encourages a person to use new eyes to see the world in a totally re-imagined way. St. Lucy's strength as a young woman, in the face of difficulty and challenge, is an example to all; especially those looking to begin a new life focused on sobriety and improved mental and physical health.



Other Services Offered by TCC

After completing a screening and assessment, we can determine which program is appropriate to address individualized needs. The following programs and services are currently offered.

- Individual, group, and family counseling
- Mental health counseling
- Medication Assisted Treatment
- Men's Outpatient treatment with supportive housing
 - Marsh House
 - Second Chance Center
- Women's Outpatient treatment with supportive housing
 - St. Lucy's
 - Stepping Stones
- Housing for clients transitioning back to independent living
- Case Management Services
- Occupational & Vocational Services including training, support and partnership programs
- Jail Diversion program
- Loved Ones Group meeting locations and video sessions available online
- Transportation Service
- Primary health care at our partner agency, Compass Community Health Care Center
- Crisis Center 24 Hour Hotline, emergency mental health and addiction services and referrals. Phone: (740) 354-1010 or 1-855-381-1010



Our **Day One Admission Center** offers a calm atmosphere with friendly staff to help you start your recovery process. We will work with you to determine what treatment plan will fit your unique needs.

Address

816 4th St.
Portsmouth, OH 45662

(740) 354-6685

(800) 577-6685



Monday - Friday | 8:00 AM - 4:00 PM

For more information contact:

Women's Admission Coordinator
DayOne@thecounselingcenter.org

www.TheCounselingCenter.org



Commission on Accreditation
of Rehabilitation Facilities

Case Management/Services Coordination: Integrated: AOD/MH (Adults)
Crisis and Information Call Centers: Integrated: AOD/MH (Adults)
Outpatient Treatment: Integrated: AOD/MH (Adults)
Prevention: Integrated: AOD/MH (Children and Adolescents)

The Counseling Center is certified to provide alcoholism and addiction services by Ohio Mental Health and Addiction Services (OMHAS).

Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.



THE counseling center, INC.
we believe in miracles
Mental Health, Alcohol, and Other Drug Treatment

Women's Outpatient Treatment with Supportive Housing

