

## About Us

The Counseling Center, Inc. is devoted to the prevention and treatment of alcohol and other drug addictions. We promote opportunities for an individual to experience physical, emotional and spiritual recovery through education, counseling and participation in 12-Step Recovery Programs. We know that addiction is a primary, progressive disease that is best treated in an environment of compassion, understanding and honest self-appraisal.



## Meeting Location

The Loved Ones Group is free to the public and meets every Wednesday at 6:00 p.m. at Compass Community Health Care Center, 1634 11th Street, Portsmouth, OH.

Loved Ones, sponsored by The Counseling Center, Inc., is a series for family, friends and others who are concerned about a loved one's alcohol or drug use.

The series focuses on educating loved ones to identify addiction and develop approaches to effectively help the person with an alcohol or drug use problem.



## Family Members Typically

- Do not understand the nature of addiction
- Feel alone, ashamed, and fearful about the problem of alcohol and drug addiction
- Feel responsible, believing that somehow they have caused or contributed to the problem in some way
- Feel angry with the addicted person
- Feel hopeless that their loved one will never receive the help they need

## Loved Ones Series Includes

### Identifying -

- the disease of addiction

### Understanding -

- the progression of addiction
- how the addicted loved one decides to get help
- the recovery process
- family recovery

### Learning -

- 10 things a family member or friend can do to help

## Welcome

You are invited to attend the Loved Ones Group. No enrollment or personal information is required to participate. The group is confidential.

Recovery for the addicted person often begins with positive action by the family. The Loved Ones Group is a positive step toward helping the addicted person.

The Loved Ones Group is facilitated by licensed counselors from The Counseling Center. Loved Ones developer, Ed Hughes, a licensed counselor himself, plays a key role in helping families and friends of loved ones understand the disease of addiction.



## Need Help? Give us a call

We welcome the opportunity to serve you and your family.

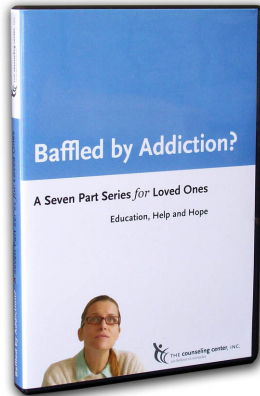
Caring professionals are ready to answer any questions you may have about our services.

For more information, please call:

**740.354.6685**  
**800.577.6685**

## "Baffled by Addiction?"

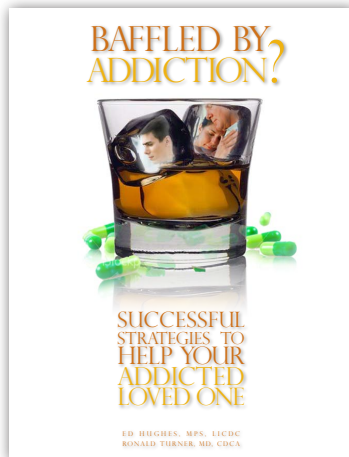
A seven-part DVD series of the Loved Ones Group facilitated by Ed Hughes, MPS, LICDC-CS, offers education, help and hope.



## "Baffled by Addiction?"

A book written by Ed Hughes, MPS, LICDC-CS and Ronald Turner, MD, CDCA

This 183-page resource offers successful strategies for you to help your addicted loved one.



Available online at [www.baffledbyaddiction.com](http://www.baffledbyaddiction.com)

## Office Locations

### PORTSMOUTH

411 Court Street • Portsmouth, Ohio 45662  
Phone: (740) 354.6685 or (800) 577.6685

#### Office Hours:

8:00 am to 4:00 pm Monday through Friday

### WEST UNION

210 N. Wilson Drive Suite 101 • West Union, Ohio 45693  
Phone: (937) 544.5218

#### Office Hours:

8:30 am to 4:30 pm, Monday through Friday

[www.thecounselingcenter.org](http://www.thecounselingcenter.org)



### Commission on Accreditation of Rehabilitation Facilities

*Outpatient Treatment: Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.*

*Prevention/Diversion: Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.*

*Residential Treatment: Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.*

*Case Management/Services Coordination: Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.*

*The Counseling Center is certified to provide alcoholism and addiction services by The Ohio Department of Alcohol and Drug Addiction Services (ODADAS).*

*Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.*

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# Loved Ones Group



THE counseling center, INC.  
*we believe in miracles*



## For loved ones concerned about someone's alcohol or drug use



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