

# We Can Help

As part of our plan to integrate services for our clients, The Counseling Center, Inc. offers a wide range of services to help individuals with substance abuse/dependence programs, behavioral health, and physical health. At the Adams County location, we have licensed chemical dependency and mental health counselors, with a combined 40 years of clinical experience.

We utilize evidence based practices to ensure the most valuable approach to recovery. We incorporate motivational approaches and interventions into treatment to reduce attrition, to enhance client participation, and to increase the achievement and maintenance of positive behavioral outcomes.

We promote opportunities for individuals and families to experience physical, emotional, and spiritual recovery through education, counseling, and participation in 12 Step Recovery Programs.

Addiction is a primary, progressive disease that is best treated in an environment of compassion, understanding, and honest self-appraisal.

## Services

After completing an integrated assessment, we can determine which program is appropriate to address identified needs. The following programs and services are currently offered.

- Integrated assessment and treatment planning
- Individual sessions
- Case management services
- Intensive outpatient group therapy
- Crisis intervention
- Medication assisted treatment
- Gender specific programs
- Anger management
- Job search and job readiness
- Basic education
- Drug screening, transportation to and from any service pertaining to treatment needs, including medical appointments
- Transitional housing offered by Compass Point Housing (after completion of a treatment program)
- Women Helping Women Group - addressing parenting, healthy relationships, effective communication, nutrition and managing symptoms
- Outpatient treatment with housing
- Residential treatment for women, expectant mothers, and women with children under the age of 12
- Teen Choices
- Child coping skills
- AA meetings, every Sunday at 10:00 a.m.
- Primary health care at our partner agency, Compass Community Health Care Center

## Recovery Stories



*"My life has changed and my life is getting better. I love that The Counseling Center treats you with respect and helps you see that there are better things in life." ~Dusty*



*"When I first started coming here, I didn't know what to expect, but The Counseling Center changed my life. I not only learned about drug and alcohol abuse, but I learned about how to be me again. Everyone that works here has been like family to me. I never could have reached my goals without the help of the Adams County Counseling Center." ~Angela*



**THE counseling center, INC.**  
*we believe in miracles*

Call today: (937) 544 -5218

or visit us online at:

[www.thecounselingcenter.org](http://www.thecounselingcenter.org)

## All it Takes is a Phone Call...

Our caring, licensed clinical staff is here to help you get started on your Outpatient journey. Just give us a call, or stop by our office. We'll help you navigate the process, so you can quickly begin your journey to a better life. Some evening appointments are available after 4:30 p.m.

- We can help you and your family to understand your illness and give your loved ones the tools they need to participate in your recovery.

We will work with you to sort through problems addiction has caused you and your family, including medical, legal, spiritual and financial challenges.

- We will connect you with organizations and resources in the community that can support your efforts to recover from addiction.



Opened in March 2017, our Day One Admission Center offers a calm atmosphere with friendly staff to help you start your Inpatient recovery process. We will spend the first day identifying your needs and enrolling you in a treatment program. Day two is focused upon providing support, answering questions and offering several orientation activities.

Located at 816 4th Street, Portsmouth OH 45662  
Open Monday - Friday | 8:00 AM - 4:00 PM  
Phone (740) 354-6685 ext. 6889

Find us online: [www.thecounselingcenter.org](http://www.thecounselingcenter.org)



## Office Locations

### WEST UNION

508 East Main Street • West Union, Ohio 45693  
Phone: (937) 544 -5218  
For admissions information phone (740) 354-6685  
or toll free 1-800-577-6685  
Office Hours:  
8:30 am to 4:30 pm Monday through Friday

### PORTSMOUTH

Day One Admissions Center  
816 4th Street • Portsmouth, Ohio 45662  
Phone: (740)-354-6685 ext. 6889  
Office Hours:  
8:00 am to 4:00 pm Monday through Friday

Outpatient Services  
411 Court Street • Portsmouth, Ohio 45662  
Phone: (740) 354-6685 or (800) 577-6685  
Office Hours:  
8:00 am to 4:00 pm Monday through Friday

Private insurance and Medicaid accepted.



## Commission on Accreditation of Rehabilitation Facilities

**Outpatient Treatment:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

**Prevention/Diversion:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

**Residential Treatment:** Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

**Case Management/Services Coordination:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

The Counseling Center is certified to provide alcoholism and addiction services by The Ohio Department of Alcohol and Drug Addiction Services (ODADAS).

Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.

ACOP05012017



# Adams County Outpatient Services

Mental Health, Alcohol  
& Other Drug Treatment

West Union, Ohio



Serving women, men, and families  
in Adams, Lawrence, and Scioto  
Counties for over 30 years

# We Believe in Miracles!