

# Addiction treatment works

## At The Counseling Center...

The Counseling Center, Inc. offers a wide range of services to help individuals with substance abuse, mental health, and physical health. At The Counseling Center, Inc., we have licensed chemical dependency and mental health counselors dedicated to providing caring and comprehensive treatment that will help you get your life back on track.

We utilize evidence based practices to ensure the most valuable approach to recovery. We incorporate motivational approaches and interventions into treatment to reduce attrition, to enhance client participation, and to increase the achievement and maintenance of positive behavioral outcomes.



## The St. Lucy Story

The name Lucy comes from the Latin word "lux," which means light.

The St. Lucy women's treatment program of The Counseling Center, Inc. was named by the All Saints Episcopal Church Recovery Outreach Ministries (Portsmouth, Ohio) in honor of a young woman, St. Lucy, who died a martyr. She was persecuted for her faith and blinded. However, before her death, her sight was miraculously restored. The legend of her restored vision is a fitting metaphor in the recovery community, where sobriety encourages a person to use new eyes to see the world in a totally re-imagined way.

St. Lucy's strength as a young woman, in the face of difficulty and challenge, is an example to all; especially those looking to begin a new life focused on sobriety and improved mental and physical health.

### With recovery you can:

- Experience freedom from addiction to alcohol and other drugs
- Repair relationships with your family
- Gain freedom to pursue life goals
- Receive vocational services that are available to assist with career goals

The Counseling Center staff will take time to get to know you upon admission and work with you to determine what treatment plan will fit your unique needs.



### Our staff will:

- Work with you to sort through problems that addiction has caused you and your family including medical, legal, spiritual and financial difficulties
- Connect you with organizations and resources in the community that can support your efforts to recover from addiction
- Help you and your family understand your illness and to participate in your recovery

*While staying at St. Lucy Outpatient Treatment with Supportive Housing for Women, women will receive individual and group counseling; mental health services; vocational services; transitional housing; medication assisted treatment; encouragement and support to attend community 12-Step meetings; access to medical treatment at Compass Community Health Care Center. A woman may receive services for a minimum of 90 days.*

## Other Services Offered by TCC

After completing an integrated assessment, we can determine which program is appropriate to address identified needs. The following programs and services are currently offered.

- Individual, group, and family counseling
  - Mental health counseling
  - Medication assisted treatment
  - Men's outpatient treatment with supportive housing
    - Marsh House
    - Second Chance Center
  - Women's outpatient treatment with supportive housing
    - St. Lucy's Sober House
    - Stepping Stone House
    - Addiction treatment for mothers with children (ages 12 and under) and pregnant women
    - Continuing Care with After Care Services
  - Housing for clients transitioning back to independent living
  - Case Management Services
  - Occupational & Vocational Services including training, support and partnerships program
  - Jail Diversion program
  - Transportation service
  - Primary health care at our partner agency, Compass Community Health Care Center, 1634 11th Street, Portsmouth, Ohio
  - Crisis Center and 24 Hour Hotline, emergency mental health and addiction services and referrals
- Phone: (740) 354-1010 or 1-855-381-1010



## Office Locations

### Portsmouth

Day One Admissions Center  
816 4th Street • Portsmouth, Ohio 45662  
Phone: (740)-354-6685 ext. 6889  
Office Hours:  
8:00 am to 4:00 pm Monday through Friday

### Outpatient Services

411 Court Street • Portsmouth, Ohio 45662  
Phone: (740) 354-6685 or (800) 577-6685  
Office Hours:  
8:00 am to 4:00 pm Monday through Friday

### West Union

508 East Main • West Union, Ohio 45693  
Phone: (937) 544-5218  
Office Hours:  
8:30 am to 4:30 pm, Monday through Friday

[www.TheCounselingCenter.org](http://www.TheCounselingCenter.org)

Private insurance and Medicaid accepted.



## Commission on Accreditation of Rehabilitation Facilities

**Outpatient Treatment:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

**Prevention/Diversion:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

**Residential Treatment:** Alcohol and Other Drug/Mental Health Services for Adults,

**Case Management/Services Coordination:** Integrated Alcohol and Other Drug/Mental Health Services for Adults, Children and Adolescents.

The Counseling Center is certified to provide alcoholism and addiction services by Ohio Mental Health and Addiction Services (OMHAS). Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.

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**THE counseling center, INC.**  
*we believe in miracles*  
**Mental Health, Alcohol, and Other Drug Treatment**

## St. Lucy

**Women's Outpatient Treatment with Supportive Housing**

