

Addiction Treatment Works



At The Counseling Center...

Our mission is to improve the lives of our clients and our community. We work to heal their mind and body, to inspire and to provide excellent service in alcohol and drug addiction treatment, primary healthcare, recovery support, case management, behavioral health, vocational development and to be a resource to all members of the community for outreach, prevention, education, and advocacy.

We believe treatment and prevention services work, and that people do recover from addiction. We believe people can improve the quality of their lives and restore their self respect, reestablishing themselves as productive individuals in the community. We believe that individuals who use prevention services learn new skills, gain new perspectives and develop effective coping strategies, which assist them in making choices, promoting a healthy quality of life.

Serving women, men,
and families for more
than 30 years

Our Services

After completing an integrated assessment, we can determine which program is appropriate to address identified needs. The following programs and services are currently offered.

- Individual, group, and family counseling
- Mental health counseling
- Medication assisted treatment
- Men's outpatient treatment with supportive housing
 - Marsh House
 - Second Chance Center
- Women's outpatient treatment with supportive housing
 - St. Lucy's Sober House
 - Stepping Stone House
- Addiction treatment for mothers with children (ages 12 and under) and pregnant women
 - Mothers Care Community Outpatient Services
- Housing for clients transitioning back to independent living
- Case Management Services
- Occupational & Vocational Services including training, support and partnerships program
- Jail Diversion program
- Loved Ones Group meeting locations and video sessions available online at our website
- Transportation Service
- Primary health care at our partner agency, Compass Community Health Care Center
- Crisis Center 24 Hour Hotline, emergency mental health and addiction services and referrals. Phone: (740) 354-1010 or 1-855-381-1010

Stories of Recovery



"My life has changed and my life is getting better. I love that The Counseling Center treats you with respect and helps you see that there are better things in life." ~Dusty



"When I first started coming here, I didn't know what to expect, but The Counseling Center changed my life. I not only learned about drug and alcohol abuse, but I learned about how to be me again. Everyone that works here has been like family to me. I never could have reached my goals without the help of The Counseling Center." ~Angela

Addiction is a primary, progressive disease, which is best treated with compassion, understanding, and honest self-inventory.

Admissions Information

Some Truths about Addiction and Recovery

- Addiction is a disease. It has a predictable pattern of symptoms and must be treated. You did not cause it, and you cannot fix it. However, you can learn new ways to help the person who has Substance Use Disorder.
- Recovery is a process. It is not unusual for people to begin using again after a treatment episode. Relapse can be part of getting better if lessons are learned from the experience. Persons are always encouraged to return to treatment if they are having problems.
- The addicted person will need to learn how to recover from their disease and be responsible in other areas in their life. Please read, "10 Ways a Family Member Can Help" for more guidance.
- Addiction takes its toll on everyone involved. It is very important that family and others take care of themselves. Some examples are eating well, getting enough sleep, addressing health issues, participating in activities/hobbies and getting support from others.
- Most importantly, the addicted person has a much improved opportunity for recovery when family/friends seek information, support, and become involved in Loved Ones programs and/or Al-Anon. For more information visit the Resources page at www.thecounselingcenter.org



Our **Day One Admission Center** offers a calm atmosphere with friendly staff to help you start your recovery process. We will work with you to determine what treatment plan will fit your unique needs.

Address

816 4th St.
Portsmouth, OH 45662

(740) 354-6685
(800) 577-6685



Monday - Friday | 8:00 AM - 4:00 PM



Commission on Accreditation
of Rehabilitation Facilities

*Case Management/Services Coordination: Integrated: AOD/MH (Adults)
Crisis and Information Call Centers: Integrated: AOD/MH (Adults)
Outpatient Treatment: Integrated: AOD/MH (Adults)
Prevention: Integrated: AOD/MH (Children and Adolescents)*

The Counseling Center is certified to provide alcoholism and addiction services by Ohio Mental Health and Addiction Services (OMHAS).

Partial funding is received from The Alcohol Drug Addiction and Mental Health Services (ADAMHS) Board serving Adams, Lawrence, and Scioto Counties.

www.TheCounselingCenter.org



THE counseling center, INC.
we believe in miracles

Mental Health, Alcohol, and Other Drug Treatment

**Do you want
your life back?**

We can help.

